

Healthy Family Newsletter

February 2017



We were so blessed to be able to help Josie enjoy her new baby! They are a precious family ☺

(August just celebrated his first birthday, and he is a great big, healthy boy! This testimonial is so powerful, it is worth sharing again!)

"I had our little boy on a Saturday and by Monday I could not walk or move without crying. I was in so much pain from an epidural headache that was more like migraine, that I could barely hold my newborn. I went in to Dr. Loder's office every day and each day I gained more movement of my body, had less pain and by Friday was nearly good as new! I was able to hold my baby and not cry because of the pain! It was amazing to feel a change like that in just a few days without medication or hospitalization. I share my story because chiropractic has done so much for me and my family. I want others to know that it works!" – Josie Lawless

CLASSES BEGIN FEBRUARY 8TH!!

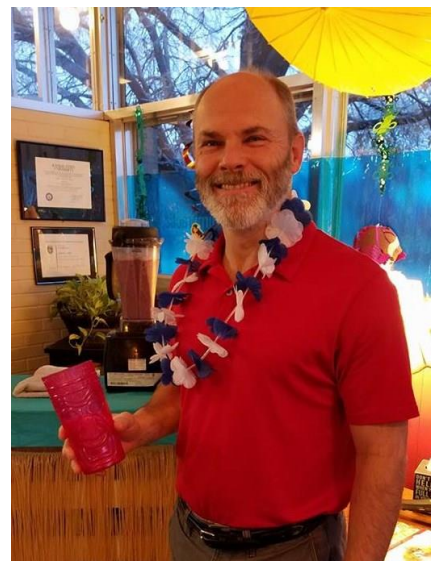
DON'T MISS THIS FREE INFORMATION CLASS OFFERED BY DR. LODER, D.C., C.C.W.P. (Wonder what the C.C.W.P stands for?) Dr. Loder is one of a few doctors in the State of Kansas that is a Certified Chiropractic Wellness Practitioner!

Title of first class: Why do we get sick? How do we get and stay well?

Please join us at 6:30 at the office!

No Ice Storm for Us!

Beach week was so much fun (and came at such a great time)! It was fun to share our cheery, sunny office atmosphere with you during January! ☺ We hope you enjoyed the smoothies, fruit, essential oil bath bombs, and the adjustments from Dr. Loder that got your spine and nervous system SHINING!





Dr. Loder's community donation for the month of January goes to Sprout House Learning Center. Dr. Loder is shown with SHLC director, Christy Mai, and her "sprouts" Braxton and Cooper. We are proud of Christy for investing in the community and kids!



"Don't Miss if You're Sick..."

If you ever thought about canceling your appointment because you were sick and didn't want to spread your germs to everyone in the office, think again. It's actually the BEST time to come in.

The field of neuro-immunology has well established the connection between a healthy nerve system and normal immune function. Chiropractic adjustments boost your ability to fight off colds and flus by unlocking your spine, clearing nerve tension and unleashing your immune POTENTIAL. And doesn't it make sense to keep your immune system working its best so you can get better faster?

You wouldn't cancel a dental appointment because your tooth hurt. Likewise, don't cancel your Chiropractic appointment when your nerve system is fighting to get you well. Even if you're under the weather, try not to miss adjustments.... and don't worry about the other folks in the office getting sick - everyone here will be adjusted, protected and ready to serve you.

"Vince and Principle #6"

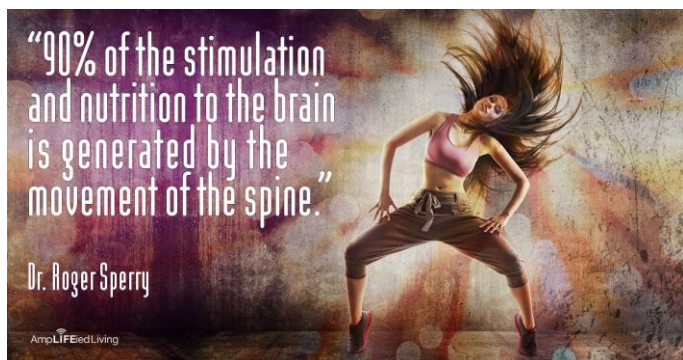


"The Packers never lost a game... we just ran out of time." - Vince Lombardi. Coach Lombardi's quote sums up his unwavering belief in his team's ability to win every game, if given enough time to execute their winning game plan. Chiropractors hold a similar, unwavering belief in your body's innate ability to heal.

The 6th Principle in Chiropractic states "there is no process which does not require time," including the healing process. BJ Palmer (the developer of Chiropractic) believed that given enough time and a clear nerve system the body could heal itself in just about any situation. In his mind, the innate wisdom of the body had the potential to win any healing game if just given a chance. This is the foundation of all a successful Chiropractic experiences.

If you've been under Chiropractic care for some time and see only minimal results, don't give up. The power that made your body designed all the plays needed to get you healthy and whole again. It won't lose the game if you provide enough time on the clock.

***Did you also know that
all 32 teams in the
NFL offer their
players chiropractic?***



Is your brain firing on all cylinders?? You may need an adjustment to clear those pathways and experience health the way it was intended. Come in and see us and get rid of that brain fog!



Try Chiropractic FIRST for ear infections.

"I have had 4 children, and NONE of them ever had a SINGLE EAR INFECTION."

Mari Loder

Truth! Just ask my kids ☺
Try something that WORKS!

**I ♥ My
ChiRoPrAcToR**

Gentle and non-invasive
chiropractic is a safe
and effective form of
prenatal care that can
provide the mother
with **relief from**
pain during pregnancy.



Whether you are expecting or celebrating a new addition to your family; chiropractic plays an important role in the health of mom and baby.

"Thank you so much for all your help during my pregnancy. You really opened my eyes to the power of chiropractic care! And, as this was my first time using it, I was completely in awe.

When I first came to you, I was in my third trimester and suffering with horrible lower back pain and my baby was breech.

My midwife suggested I consult a chiropractor and fortunately I found you!

Your gentle, yet effective, adjustments relieved me of the back pain, which I thought was simply an unpleasant but "normal" part of pregnancy. I now know that this pain is not necessary or normal for pregnancy.

More importantly, your adjustments were able to turn the baby out of the breech position! Not only, did this allow for an easier delivery, but it allowed me to have a home delivery. What a beautiful experience and one that I would not have been able to have if it weren't for your expertise.

So, thank you my wonderful chiropractor, from the bottom of my heart. You truly have left a wonderful mark on me and my family. We look forward to continuing to see you as we now have a better understanding of the benefits of chiropractic."

Warmest Regards, Cara

Meet Harper – our newest patient and member of our Smoky Valley Chiropractic family! She will have Dr. Loder wrapped around her tiny finger in no time! Harper got her first adjustment the day after she was born – we are thrilled to give her such a great, healthy, chiropractic start in life!



In order to be truly healthy, it is vital that your nervous system be functioning **without** interference.

ChiropracticAmp**LIFE**led.com



When your spine is aligned, your nervous system can deliver messages from the body to the brain, and from the brain back to the body, which is critical for good health.

Winter = Wrestling



If you're looking for Dr. Loder on a Saturday from January through March, chances are you will find him coaching Smoky Valley wrestlers somewhere in Kansas!

Smoky Valley Wrestling Club – “Building Champions in Life”