

KSU Johnson Cancer Research Center Awards Banquet

Dr. Loder was a presenter at the KSU Johnson Cancer Research Center Awards Banquet in Manhattan on April 8th.

Dr. Loder is shown with the recipient of the Smoky Valley Chiropractic scholarship, Emily Wedeman. Emily is a pre-med student at K-State, and was awarded this scholarship from Dr. Loder for her work in cancer prevention; specifically the development of an in-gel digestion standard for the protein interactome. Dr. Loder has supported provided scholarship support to these researchers since 2001.



Dr. Loder's lifelong friend, Fred Wolfe, was also in attendance. Fred was diagnosed with cancer several years ago and his daughter, Mason, started Mason's Wish and has since raised thousands of dollars for the cancer center and research. It was great to see Fred and his wife, Nancy - and to see that Fred is still fighting the good fight!!!



May 2016

Healthy Family Newsletter

Smoky Valley Chiropractic

Family Wellness Month



*Maybe Mom needs a break...
Or maybe an adjustment!*

Refer a friend or family member **during the month of May** and they will receive a complete “chiropractic evaluation” (an exam, all necessary x-rays, computerized nerve & foot scans, posture screen, and a chiropractic report) **ON US!**

Insurance will be submitted through those companies for which we are a provider in order to establish necessity of care, but no fees will be assessed for the above-mentioned services to the patient or the insurance carrier. Chiropractic adjustments are not subject to the discount. (Due to Federal Regulations, Medicare and Medicaid insured are not eligible for this promotion.)

Family Wellness Month

This month we're focusing on families. Have you heard the saying, "If Mom's not happy, nobody's happy?" Studies show that chiropractic care can help keep Mom happy:

- By boosting her **immune system** with an overall increase in strength of immune function from 200-400%.
- Women with **PMS** receiving chiropractic care showed improvement in ten categories of symptoms.
- By easing symptoms of **depression and anxiety**.
- She can keep up with the kids (or grandkids) with a 14.9% improvement in **reaction time**.
- By keeping her organs healthy. An international analysis showed **improved breathing** (27%), **digestion** (26%), and **circulation** (21%).
- By keeping the kids healthy!

"Time and health are two precious assets that we don't recognize and appreciate until they have been depleted." Denis Waitley



Dr. Loder enjoyed speaking at Career Day at SVHS on April 14th. He discussed chiropractic, health care, college, AND LIVING YOUR LIFE WITH PURPOSE with SVHS students.

Need a speaker? Let us know! ☺



Our last prom... we are almost "empty nesters"! Ellie and her cousin, Kegan, had a blast and made quite the entry on their 4 wheeler. Taffeta and farm machinery – only Ellie!



And...we're going to be grandparents! God didn't want me to drive Dr. Loder crazy when the last one left for college...so...! God always has a plan! ☺ Mattie & Jesse are anxious for October already!



GET ON THE WALL! ☺



Is your family under chiropractic care? We'd love to have your family "get on the wall!" Ask any staff member for details.

"We were fearfully and wonderfully made! Dr. Loder does his best to keep us "fine-tuned" while also trying to educate and encourage us to do our part. Involving ourselves with positive, uplifting and loving people is vital to good health, and that's what we get from Dr. Loder and his staff! Get adjusted! We do, and we're reaping the benefits !!!" ☺

– John & Skippy Rathlef



Focus On The Positive

*Worrying is a misuse of your imagination.
Focus instead on what can go right.*



EVERYONE LOVES THE CHIRO CLICKER ☺



Evan giving Mommy some happy bones.



Future Chiropractor Dr. Rost ☺



Even Batman gets Subluxated!



Naomi is such a well-adjusted baby!

School & Sports Physicals

It's not too early to schedule school and sports physicals! Get your child's physical now for summer sports, summer camps, and the fall season.

Dr. Loder offers same day appointments.

All physicals are \$35 and must be paid in full at the time of your appointment.

A posture screen and scoliosis screening are included. Dr. Loder would prefer to have a parent attend the appointment with their student. Call now to reserve your appointment time!



Congrats to Karen Baker – she was the winner of our Fitbit drawing. She is a fantastic patient! 😊



It's time to get fit!

Yoga with the Doc was great – the ground was a little soggy – but, perfect for some earthing at the same time!!



Smoky Valley Chiropractic will be sponsoring the Midsummer's 5K run and 2 mile walk once again. Registration forms are available at the office, or online at midsummersfestival.com.

Join us for some morning exercise on Saturday, June 18th!

This is the perfect time to get your family checked. Don't miss out on May Family Wellness and the complimentary chiropractic evaluation offered by Dr. Loder.

Health = EVERYTHING!